

IN-HOME CAREGIVER EDUCATION & SUPPORT PROGRAM

A FREE SERVICE
designed for the people
currently caring for family
members and loved ones.

A teaching plan is prepared for caregivers by a Registered Nurse after a free initial assessment identifies needs and enables caregivers to develop goals for learning skills necessary to provide care.

The caregiver may receive a limited number of home visits from the following disciplines:

- ★ **Physical Therapist** ★ **Occupational Therapist**
- ★ **Speech Therapist** ★ **Registered Dietician**
- ★ **Licensed Clinical Social Worker**
(for stress management counseling)



BERGEN COUNTY DEPARTMENT OF HUMAN SERVICES
DIVISION ON DISABILITY SERVICES
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**For eligibility and program
information contact:**

Daniel S. Kotkin, Program Manager

Phone: 201-336-6504

TTY#: 201-336-6505

Fax: 201-336-6510

or email:

dkotkin@co.bergen.nj.us

